



EQUINE FACILITATED TRAINING PROGRAMMES

Athena Herd Foundation is a not for profit community interest company located in West Kent, UK offering the best possible learning and development experience in a unique location alongside special people and animals. We are rapidly evolving into one of the largest Training Providers in this field and are a pioneering national and international specialist:

- **Level 2 Certificate in Equine Facilitated Learning (EFL)**

This can be taken as a standalone Certificate or as Module One of the full Equine Facilitated Practitioner Diploma. The Certificate consists of four days of on-site learning at the Athena Herd Foundation. Alternatively, this can be taken as an Interactive Distance Learning option. Participants will be able to really start to understand, develop and deliver work as an independent practitioner and build on the practical skills of Equine Facilitated work with our support. Participants that successfully complete this training programme will receive the ACCPH (Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists) Accredited Level 2 Certificate in Equine Facilitated Learning.

On successful completion of the Certificate, participants have the option to stop at the Level 2 Certificate in Equine Facilitated Learning. Participants will then be invited to become an accredited member of the ACCPH in their own right. Furthermore, the ACCPH has an organisational relationship with Westminster Indemnity and once an accredited member, participants can access insurance directly through the ACCPH website: accph.org.uk.

Alternatively, on successful completion of the Athena Herd Foundation ACCPH Accredited Level 2 Certificate in Equine Facilitated Learning, participants can continue with the full ACCPH Accredited Equine Facilitated Practitioner Diploma, see below. Please note that the Athena Herd team will consider requests to either defer or join the ACCPH Accredited Level 4 Equine Facilitated Practitioner Diploma at a later stage after completion of the Certificate on a case by case basis.

- **Level 4 Equine Facilitated Practitioner Diploma**

On successful completion of the ACCPH Accredited Level 2 Certificate in Equine Facilitated Learning, participants can continue with and complete the ACCPH (Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists) Accredited Equine Facilitated Practitioner Diploma training as follows:

- (i) a supervised self-learning section, which includes three practical case-studies involving a minimum of ten sessions overall plus two facilitated online action learning sets and personal research, referred to as Module Two; and
- (ii) interactive distance learning online sessions bringing the business and risk mitigation aspects into the learning during Module Two with the option of extra



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online sessions (Full Distance Learning Option) or two days onsite (Blend of both on-line and on-site learning) to complete Module Three;

We expect the full Equine Facilitated Practitioner Diploma, inclusive of Module One, Module Two and Module Three to be completed over a period of around six months.

The Athena Herd Foundation CIC

Jennifer and Brent Geach established Athena Herd around seven years ago and have developed a unique, interactive learning and development centre based at their 16th century farmhouse in West Kent. It is a special place for both humans and animals with many UK and international visitors coming to experience the unique Athena Herd blend of professionally delivered learning and development in the most tranquil of settings. Limited accommodation is available on site to further enhance the Athena Herd experience.

The Athena Herd horses are an established mixed herd, living as naturally as possible on a barefoot track system. We believe that this environment supports their optimum physical and emotional health and wellbeing and enables us to provide you with the best possible learning and development experience.

What makes our training programmes unique

Jennifer and Brent are passionate not only about providing a genuine and authentic learning experience but also about the quality and transparency of the training programmes on offer. The Athena Herd Foundation is a not for profit organisation and its focus is on supporting and encouraging individual learning and development with training programmes designed specifically for our participants who are at the heart of what we do. The materials and tools that we provide are very much focused on helping participants develop their own unique practice or business no matter their background. Whether you are in a people supporting profession such as coaching, counselling or therapy, already working with horses or plain and simply you would like to learn more.

At the outset, we made a conscious decision to deliver training programmes of a very high standard at affordable prices. Unlike other training providers in this field there is no continuing annual membership fee or subscription. There is no obligation on participants to continue supervision with us, unless you would like to. We are also passionate about you choosing whether you want to work on your own or with other professionals. We are truly passionate about building a lifetime support network and opportunities that extend beyond the completion of our programmes. We have ensured that our programmes are affordable and this is a reflection of our passion in inspiring others to want to learn with us and develop their own skills and brand bringing the benefits to their own clients and networks.

The Athena Herd Foundation Team

Jennifer and Brent are passionate about building a unique long-term supportive community comprising people with diverse yet complementary expertise but very importantly that share the same authentic ethos. The Athena Herd Foundation team has over 25 years of



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extensive horse, training, coaching, advisory, business, legal, equitation and counselling experience ensures that course participants gain a wide range of new and complementary skills and tools to help them develop as equine facilitated learning practitioners.

We have a world class team with significant collective expertise in Equine Facilitated Learning and delivering meaningful and insightful learning and therapeutic support around horses which makes us well placed to deliver quality training. This, in addition to the way our accredited training has been developed and our herd of horses are kept at the Athena Herd Foundation, is why we believe our training programmes are unique - providing participants with an amazing 360 degree learning and development opportunity.

External validation of our training programmes: it is not just us at the Athena Herd Foundation that think our workshops, certificate and diploma courses are fantastic! As you would expect of professionally delivered training, all courses in our portfolio have been externally accredited by the ACCPH and those who successfully complete our certificate and diploma courses become eligible to join the ACCPH as an accredited member in their own right. Furthermore, the ACCPH has an organisational relationship with Westminster Indemnity and once an accredited member, participants can access insurance directly through the ACCPH website accph.org.uk. Likewise, the Athena Herd Foundation has negotiated bespoke insurance policies and rates with Balens. Athena Herd Foundation CIC is an Organisational Member of the ACCPH and BACP (British Association for Counsellors and Psychotherapy) and Athena Herd Foundation also runs courses validated for CPD.

Recent testimonials and feedback:

"exceeded my expectations in a good way. I've experienced so much profound change and emotions and I didn't expect that"

"I've been in love with the place since the moment I arrived"

"Thanks for everything no words seem enough. I'm just so grateful for this opportunity and for the learning experience I've had. Can't wait to continue my journey with you. Thank you so much for your time and patience and for pushing me when I needed it. I will carry this with me for a long time."

Find out more or reserve a place

If you are interested in signing up to either of our Athena Herd Foundation ACCPH Accredited Equine Facilitated Training Programmes, please email us at <mailto:info@athenaherd.org> and we will send you an application form and arrange an opportunity for an initial chat to discuss your individual learning requirements.

Depending on your experience, it may be necessary for you to undertake some prerequisite training for example in order to gain some horse related experience. We are just looking to make sure that you have the most appropriate foundation to start your Accredited Course. In support of this, we have put together a number of reasonably priced events which include for example an introduction to equine facilitated learning, track systems or horse awareness



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and handling. Alternatively, these could be the perfect opportunity for you to try before you sign-up to a future cohort on our Athena Herd Foundation ACCPH Accredited Equine Facilitated Training Programmes.

.....the small print ...

2022

Please note that the following pricing shall apply to all places booked for our Training Programmes starting 01 January 2022 until 31 December 2022:

A non-refundable deposit of £300.00 is payable at the time of acceptance by Athena Herd Foundation onto our Certificate in Equine Facilitated Learning.

Places are limited. We limit our learning cohorts to ensure that we maximise your individual learning experience. In most circumstances there will be at least two Athena Herd Foundation trainers each training programme.

Diploma

TOTAL £3,659.00 (to be clear, please note that the balance after payment of the Certificate would be **£2,100.00**).

Certificate only

TOTAL £1,559.00 (including the non-refundable deposit of £300.00).

We look forward to hearing from you.

Jennifer Geach

For and on behalf of the Athena Herd Foundation CIC and the Athena Herd Foundation team